

## When

Mondays 4:30pm-6:00pm

## Where

Horizon Health and Wellness Chandler Pediatric Care 600 S. Dobson Road, Suite A2 Chandler, AZ 85224

## Who Should Attend?

Existing patients, ages 7-11 years old

Do you want to help your child thrive in everyday situations?

Are you looking for ways to teach your child independence and responsibility?

Our Living Skills Group for ages 7 to 11 offers a fun and engaging way for kids to develop essential skills, build confidence, and prepare for long-term success.

## **Practical Life Skills**

Children thrive in a supportive setting where they can practice new skills, celebrate progress, and build confidence. Our group provides a positive space for kids to learn:

Social Skills **Emotional Regulation** Anger Management Coping Skills Healthy Relationships **Building Self-Esteem** 

Reserve your spot today! Contact your care manager for details.

Empower your child to navigate challenges with confidencel





(833) 431-4449 www.hhwaz.org

